

# Carers Information Stand



## Bassett Road Surgery

Carers in Bedfordshire is a charity which helps family carers of all ages cope with the emotional and physical stresses arising from their caring. A family carer is anyone, of any age, who, unpaid and as part of their everyday life, helps an ill, frail or disabled relative or friend who could not manage without them.

**Come along to our information stand and find out  
how we can help you!**

**Last Tuesday of the month**

**10am—11am**

***29 Bassett Road, Leighton Buzzard, LU7 1AR***

**0300 111 1919**

**[www.carersinbeds.org.uk](http://www.carersinbeds.org.uk)**