

**Leighton Linslade Health  
Connections  
Social Prescribing  
Self-referral form**



Social prescribing link workers give people time, focusing on ‘what matters to me’ by taking a holistic approach to people’s health and wellbeing. They connect people to community groups and statutory services for practical and emotional support. Link workers also support existing community groups to be accessible and sustainable, and help people to start new groups, working collaboratively with all local partners.

<b>Patient Name:</b>	.....
<b>Date of Birth:</b>	.....
<b>Address:</b>	..... ..... ..... .....
<b>GP Practice:</b> (Please note that you must be registered with Bassett Road, Leighton Road or Salisbury House Surgeries)	.....
<b>Contact Details:</b> (Please bear in mind that staff may call from a mobile number or withheld number as well as our registered landline)	<b>Home Tel:</b> .....  <b>Mobile Tel:</b> .....  <b>Other Tel:</b> .....

<p><b>Reason for contacting us:</b>          (This is optional, but giving us a brief idea of where to start helps us allocate the right link worker and prepare for our initial call with you)</p>	<p>.....</p>
<p><b>Additional Information</b>          (Let us know of any additional needs or requirements we should consider before we contact you, e.g. hearing or physical impairment)</p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>

**\*\*By completing this self-referral form you are giving consent for our link workers to access your medical records via your GP Surgery.**

**We do not share this information with anyone else without your consent and will only make outside referrals after discussing them with you\*\***

Signed: ..... Date: .....

Please return form via email to: [blmkicb.lhch.pcn@nhs.net](mailto:blmkicb.lhch.pcn@nhs.net)

or post to: Social Prescribers, Leighton Linlade Health Connections, Leighton Buzzard Health Centre, 25 Bassett Road, Leighton Buzzard LU7 1AR